

QUEST 2K10

Be the Change!

April 16-18, 2010

Frontier Ranch, Buena Vista, CO

rules & regulations

1. All participants must remain on Frontier Ranch property unless accompanied by an adult sponsor.
2. Boys only in boys' rooms; girls only in girls' rooms.
3. Practice appropriate physical contact. Metaphorically, boys are **blue**; girls are **pink**. **DO NOT PURPLE!**
4. All participants are expected to attend all planned activities.
5. All participants must be in their rooms by **10:30** each night.
6. **No** alcohol, tobacco, illegal drugs, fireworks, firearms, knives, or other weapons are permitted. If you have any such items, please turn them in to Quest staff.
7. Do not touch the band or AV equipment unless supervised by a band leader or AV tech (that stuff is expensive!).
8. Do not use personal electronic devices (MP3 players, cell phones) during program time.
9. Respect the rules and staff of Frontier Ranch.
10. Do not attempt to approach or feed wild animals on the property.
11. Do not climb behind Black Elk or Ogallala. The rock is very unstable and unsafe!
12. Youth participants always need to let their adult sponsor know where they are going and what they are doing.
13. Obey your leaders & the leaders of this event
14. Be nice to each other.

WHAT TO BRING:

- Weather Appropriate Clothing
- Bathing Suit and Towel
- Frisbee (optional for the Frisbee golf course)
- Toiletries
- A Great Attitude!!
- *NOTE: linens and pillows are supplied

WHAT NOT TO BRING:

- Illegal drugs/alcohol/cigarettes
- Valuables you don't want lost or broken
- Weapons/explosives
- Hand-held video games

WE RESERVE THE RIGHT TO SEND ANYONE HOME IF RULES
ARE BROKEN OR IF THERE IS INAPPROPRIATE BEHAVIOR

QUEST 2K10 - MICAH 6:8