

# QUEST 2K9

*Be the Change!*

April 17-19, 2009

Frontier Ranch, Buena Vista, CO

## rules & regulations

1. All participants must remain on Frontier Ranch property unless accompanied by an adult sponsor.
2. Boys only in boys' rooms; girls only in girls' rooms.
3. Boys are **blue**; girls are **pink**. There will be **NO PURPLING!**
4. All participants are expected to attend all planned activities.
5. All participants must be in their rooms by **10:30** each night.
6. **No** alcohol, tobacco, illegal drugs, fireworks, firearms, knives, or other weapons are permitted. If you have any such items, please turn them in to Quest staff.
7. **DO NOT TOUCH** the band or A/V equipment (that stuff is expensive!).
8. Be sure to respect the rules and staff of Frontier Ranch.
9. Do not attempt to approach or feed wild animals on the property.
10. **Do not climb** behind Black Elk or Ogallala. The rock is very unstable and unsafe!
11. Youth participants always need to let their adult sponsor know where they are going and what they are doing.
12. Obey your leaders & the leaders of this event
13. Be nice to each other.

### WHAT TO BRING:

- Weather Appropriate Clothing
- Bathing Suit and Towel
- Frisbee (optional for the Frisbee golf course)
- Toiletries
- A Great Attitude!!
- \*NOTE: linens and pillows are supplied

### WHAT NOT TO BRING:

- Personal audio devices (CD player, MP3 player, etc)
- Pagers, Cell phones
- Illegal drugs/alcohol/cigarettes
- Valuables you don't want lost or broken
- Weapons/explosives
- Hand-held video games

**WE RESERVE THE RIGHT TO SEND ANYONE HOME IF RULES ARE BROKEN OR IF THERE IS INAPPROPRIATE BEHAVIOR**

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